

# I BE U BE (Jan 2017)

Description: 48 Count, 4 Wall, intermediate  
Choreographer: Gudrun Schneider  
Music: I Be U Be by High Valley

**Intro: 8 count**



## **SHUFFLE FORW., SHUFFLE ½ R, ROCK BACK, HEEL-BALL-CROSS**

1&2 RF step forward, LF step beside, RF step forward  
3&4 LF ¼ left step side, RF step beside, LF ¼ left step back (6:00)  
5-6 RF rock back, LF recover  
7&8 RF heel diagonally forward, step on ball of RF, LF step cross

## **ROCK SIDE, ROCK BACK, JAZZ BOX**

1-2 RF rock side, LF recover  
3-4 RF rock back, LF recover  
5-6 RF cross, LF step back  
7-8 RF step side, LF step forward

## **SHUFFLE FWD, HEEL GRIND ¼ L, ROCK BACK, STEP ½ R**

1&2 RF step forward, LF step beside, RF step forward  
3-4 LF ¼ turn on heel left (3:00)  
5-6 LF rock back, RF recover  
7-8 LF step forward, RF+LF ½ turn right (9:00)

## **STEP ¼ TURN, CROSS SHUFFLE, ROCK SIDE, BEHIND, SIDE**

1-2 LF step forward, RF+LF ¼ turn right (12:00)  
3&4 LF cross over, RF step side, LF cross over  
5-6 RF rock side, LF recover  
7-8 RF behind LF, LF step side

**RESTART** wall 2, 4, 6, 8, 9, 10

## **ROCK FWD, SAILOR TURNING ¼ R, ROCK STEP & ROCK STEP**

1-2 RF rock forward, LF recover  
3&4 RF cross behind LF – ¼ turn right, LF step next to RF – RF step forward (3:00)  
5-6 LF rock forward, RF recover  
&7-8 LF step beside RF, RF rock forward, LF recover

## **SHUFFLE BACK, TOUCH UNWIND ½ L, JAZZBOX**

1&2 RF step back, LF step beside, RF step back  
3-4 LF touch behind, RF + LF ½ left (9:00)  
5-6 RF cross, LF step back  
7-8 RF step side, LF step forward

## **RESTARTS**

On wall 2, 4, 6, 8, 9, 10 - after 32 count

**TAG** - after 1st and 5th wall

## **HEEL, HOOK**

1-2 R heel diagonally forward, hook RF cross LF

**Have Fun**